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Two-In-One Dish

Baked fish entrees go seamlessly from oven to table with the two-piece Provence Fish Plate (\$50). The top half of this porcelain plate features drainage holes that allow liquid to collect underneath as the fish cooks. Available only in white by calling 1-800-232-6386, from www.bodumusa.com or at specialty stores nationwide.



To Give or Savor

Givère ("true gift") Chocolatier whips up dark-chocolate confections without trans fats, preservatives or processed sugars. Choose from several varieties (such as Raspberry Rouge and Peppermint Passion) and packages; \$4.99 to \$48.99.

From www.givere.com and at select department stores.

Tasty Toppings For Tofu

Add flavor to soy—even meats, poultry and more—with What You Do With Tofu, a line of organic finishing sauces free of trans fats and MSG. In Ginger Teriyaki, Smoky Chipotle, Orange Hoisin and Spicy Peanut. To learn more, visit www.whatyoudowithtofu.com on the Web. An 8-ounce bottle is \$4.29; a 4-pack is \$19. In natural-food stores and supermarkets.



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